

Group 4 Academic Buoyancy Theory

Theoretical perspective: Academic buoyancy theory. Graduate students at the University of Florida are individuals who have had great academic success throughout their lives. They are the “best and brightest” among students. However, graduate study is challenging, even for students who have been high academic achievers throughout their lives. For many of these best and brightest students, graduate study is the first truly challenging academic experience of their lives. The disappointment of less than “super” academic achievement may therefore be a new experience to them, resulting in undesirable effects like loss of self-confidence and depression. Your research team has decided to explore the factors that contribute to students’ academic resiliency. **Construct for this project: academic resilience** is one construct, but it has many dimensions. **You must include two of the dimensions of this construct suggested by Martin et al (2010) -- confidence (self-efficacy), coordination (planning), commitment (persistence), composure (low anxiety) or control (low uncertain control).**

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